

## Personality

How would you describe your personality?

Would you say that you are an extrovert or an introvert?

Would you describe yourself as generous?

Would you describe yourself as confident?

What makes you unique? Do you have any personality quirks that other people have commented on?

Do you usually prefer peaceful, quiet activities or noisy, active ones?

Do you mostly enjoy time alone or do you prefer to be in the company of other people?

Do you usually prefer to socialize in small groups or large ones?

Do you have a similar personality to anyone in your family?

Do your friends have a similar personality to you? If not why do you like them?

Can personality change over time? Can you see any changes in your own personality?

Do you think people tend to feel more relaxed and self-assured as they age?

Have you ever met someone with a personality disorder? What was their problem?