

Complaints and Criticisms

What are some everyday situations in which you're likely to complain? Are you quick to complain about things or do you try to put up with things until a situation becomes unbearable?

Describe a time you have complained strongly about something. Did it help the situation?

Describe a time someone has complained strongly to you about a situation you've caused. Do you feel it was justified and how did you react?

Are there times when you've complained about something but regretted it later?

Are you prone to getting angry when you complain or are you usually calm and controlled?

Do you ever offer an apology to someone just to keep the peace, even when you don't believe that you've done anything wrong? How do you feel afterward?

Have you ever complained about food in a restaurant? What was the issue?

Have you ever complained about rude service? Do you think service in your country usually good or bad?

Do you often complain to your friends or family?

Do you consider yourself to be a critical person? Are you quick to judge others?

What are some things that tend to attract your criticism?

Is there anything that you regularly get criticised for? Do you think the criticism is fair?

Do you agree that offering constructive criticism is a better approach than emphasizing the negatives when encouraging people to change?

What aspects of yourself are you most critical about?